



LIMITED PURCHASE ORDER
(Not to Exceed \$200.00)

VENDOR NAME AND ADDRESS: Nicole Griffin Reimbursement	DELIVERY INSTRUCTIONS: <input checked="" type="checkbox"/> Deliver to Address Below (Check one) <input type="checkbox"/> Will Call FLI-144 Nicole Griffin
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ITEM	DESCRIPTION GIVE COMPLETE DESCRIPTION, INCLUDING CAT. NO. & SIZES	ORDERED			UNIT PRICE	TOTAL
		QUANTITY	UNIT	STOCK NO.		
1	Nicole Griffin 2/18/2020					
2	In Touch Tuesday - Mindfulness					
3	Costco Refreshments					
4	Snacks, Cups, Napkins					136.70
5	Equity Center					
6						
7						
8						
9						
10						

Purchases Charged to Categorical Programs, Grants or Special Projects
This purchased is in compliance with the requirements of:

SEAP
Program Name

570A
Project/Grant Number

Equity - Stress Management
Program Goal/Objective Number/Explanation

SUB-TOTAL	133.79
SALES TAX	2.91
TOTAL (Not to Exceed \$200.00)	136.70

VENDOR: Reference P.O. number on all invoices and packing slips. Total invoice may not exceed \$200.00 including tax and shipping costs. Mail invoices in duplicate to: Los Rios Community College District, Accounting Department, 1919 Spanos Court, Sacramento, CA 95825.

Received by **Maria Griffin** Date **2/28/20**

I/WE hereby certify the items/services listed above are to be obtained in accordance with District Regulation 8323, Section 4, Conflict of Interest, and all other applicable district, state, and federal policies, rules, regulations, and laws.

REQUESTED BY: **Nicole Griffin** TYPED/PRINT DATE: **2/18/20**

REQUESTED BY: **Maria Griffin** SIGNATURE DATE: **2/18/2020**

APPROVED: **Dean** DEAN OR OTHER AUTHORIZED SIGNATURE DATE: **3/3/20**

APPROVED: **Cheryl** VICE PRESIDENT, ADMINISTRATION DATE: **3/3/20**

Bus. Unit	Account	Fund	Org	Amount
5200	GENFD 4500	12	FL-VS-SEAP	96.22
62111	00000	2020	570A	\$ 136.70
Bus. Unit	Account	Fund	Org	Amount
62111	00000	2020	570A	\$ 40.48

Sent to AA - AORS 02/04/20

COSTCO WHOLESALE

Folsom #765
1800 Cavitt Court
Folsom, CA 95630
(916) 850-1000

In Touch Tuesday
Nicole Griffin

1S Member 810383115001
*****Bottom of Basket*****
E 906165 **KS WATER** 7.99
E 6300000000 CA REDEMP VA 4.00
~~E 906165 **KS WATER** 7.99~~
~~E 6300000000 CA REDEMP VA 4.00~~ (Void)
*****BOB Count 2 *****
E 1367325 KIND MINIS 17.49
E 957330 KS VRTY SNCK 15.99
E 1231199 NB FIG BAR 11.59
E 736083 KS ORG LEMON 5.99
E 9700000000 CA REDEMP VA 0.20
738392 *KS NAPKINS* 8.99 A
24592 **16OZ CUP** 14.99 A
TOTAL NUMBER OF ITEMS SOLD = 8

VOID

E ~~906165 **KS WATER** 7.99~~ (Void)

VOID

E ~~6300000000 CA REDEMP VA 4.00~~ (Void)

TOTAL NUMBER OF ITEMS SOLD = 7

E 50683 FRUIT TRAY 8.99
E 1106447 ORG VEG TRAY 11.99
E 249965 KS TRAIL MIX 11.99
128163 DIXIE 6 7/8" 13.59 A

SUBTOTAL 133.79
TAX 2.91

**** TOTAL ~~136.70~~

CASH 1.37

SUBTOTAL 132.42

TAX 2.91

**** TOTAL ~~135.33~~

VD CASH 1.37

SUBTOTAL 133.79

TAX 2.91

**** TOTAL ~~136.70~~

CASH 137.00

CHANGE 0.30

A 7.75% TAX 2.91

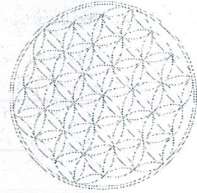
TOTAL TAX 2.91

TOTAL NUMBER OF ITEMS SOLD = 11

OP#: 96 Name: Patty F.

IN-TOUCH TUESDAYS

A THREE-PART SERIES ON
MINDFULNESS & MEDITATION



Join the Equity Center to explore the benefits of mindfulness,
how it relates to equity, and different meditation practices.

Light snacks provided.

TUESDAYS 1:30 - 2:30PM

FEBRUARY 18

INTRODUCTION TO MINDFUL MEDITATION
FACILTATOR: MAX CARTAGENA

MARCH 17

BREATH WORK, DYNAMIC MOVEMENT, AND
SINGING BOWLS
FACILTATOR: MAX CARTAGENA

APRIL 21

DECOLONIZING YOGA
FACILTATOR: BINDU MUKKAMALA

Contact: Equity Center Team, flc-equitycenter@flc.losrios.edu

Equity Center (Aspen Hall FL1-110)

